**CRITICAL THINKING CHANGE AND ADAPTATION IN THE SOCIETY**

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**Abstract**

This study explains critical thinking change and adaptation to society and the importance thinking critically for students who attends any education programme. Developing the ability to think critically is an important element for Morden education approaches and models. The world is getting technical and complex day by day. In this complex and technical world people need to be an accurate and aware of all things. One should think critical to live life and to take perfect decision. By this living standard increases.Critical thinking is one of the most important cognitive skills that you can develop. By improving the quality of both your decisions and your thoughts, critical thinking can significantly improve your life, both personally and professionally. Too many people criticize without thinking or think without being critical.Critical thinking will enable you to better express your thoughts, ideas, and beliefs. Better communication helps others to understand you better, resulting in less frustration for both of you. Critical thinking fosters creativity and out-of-the-box thinking that can be applied to any area and society of your life.In this world each and every one should know how to do and take decision in various situations. Also discrimination, some irrational beliefs, superstition should not there. And one should think ""critically '' for him/herself and know how to handle and come out and face the situation maturely. The ability to think critically is generally accepted as a very important stage in every field of education, especially in the last few decades with some changes taking place in the society as well as everyone in the society has to adaptation. Such studies draw general suggestions on the importance of critical thinking

**Key words:**Thinking, Critical thinking, Society,Change and adaptation

**1.0 Introduction:**

The world is advancing day by day today, innovative changes are taking place in many countries of the world on a daily basis. So that individual differences can be seen in the thoughts within individuals. Individuals form their own identity in society based on the power of ideas within them. God has given dormant powers to everyone but this power is used by the person based on his own thoughts. There are challenging problems in everyone's life; however, the person accepts the best critical thinking within himself and faces every challenge. Human being is a social animal. Many changes take place in the society due to complex ideas and one has to adapt to it.

**1.1 Thinking**

“Thinking is active persistent and careful consideration of any belief or supposed from knowledge in the light of the ground that they support it, and the further conclusion in which it tends.” **-Dave** **-Dave**

“Thinking is a problem solving process in which as use idea or symbol in place of overt activity.” **-Glimer**

**1.2 Critical Thinking**

Critical thinking helps us deal with everyday life problems as they come our way and very often thought process is even done subconsciously. It helps us think independently and trust our guts feelings.

Critical thinking the mental process of actively and skilfully conceptualizing, applying, analysing, synthesizing, and evaluating information to reach an answer or conclusion.

**1.3 Society**

Society is the union of the organization, the sum of formal relations in which associating individuals are bound together. **-Giddings**

Society is a building built on the foundation of rituals and customs.

Critical thinking helps us deal with everyday problems as they come our way, and very often this thought process is even done subconsciously. It helps us think independently and trust our gut feeling.Aadaptation and change means if you adapt to a new situation or adapt yourself to it, you change your ideas or behaviour in order to deal with it successfully. The world will be different, and we will have to be prepared to adapt to the change.Otherwise the adjustment to the demands, restrictions and morals of society where we all live in harmony. SOCIAL ADAPTATION: “Social adaptation sees us having satisfying social interactions and relationships.”

**1.4 Change and Adaptation**

Change is an ongoing process, one has to adapt to it as society changes. As such, today's person must adapt to social change and cultural change.

An act of moulding oneself without any mental stress according to the situation appeared is called adaptation. For example an adaptation can also be behavioural, affecting the way an organism responds to its environment. An example of a structural adaptation is the way some plants have adapted to life in dry, hot deserts. Plants called succulents have adapted to this climate by storing water in their short, thick stems and leaves.So we too should adapt to the changes taking place in the society by making good use of our critical thinking in the society.

**1.5 Critical Thinking Change and Adaptation in theSociety**

Critical thinking is one of the most important cognitive skills that you can develop. By improving the quality of both your decisions and your thoughts, critical thinking can significantly improve your life, both personally and professionally. Too many people criticize without thinking or think without being critical.Critical thinking will enable you to better express your thoughts, ideas, and beliefs. Better communication helps others to understand you better, resulting in less frustration for both of you. Critical thinking fosters creativity and out-of-the-box thinking that can be applied to any area and society of your life.

**1.6 Factors of social change**

**Human intellect and its inventions:**

Since human beings are intelligent beings, curiosity and curiosity are sharp in human beings. As a result, he makes scientific discoveries and makes new inventions. His living quarters also change. His eating habits change as well as his food and cloth in.Cultural means of social exchange have become possible due to the means of transportation and communication.

**Urbanization:** In ancient times where small villages existed and small societies existed, due to rapid industrialization, villages are rapidly disintegrating.  The population of cities is getting denser.  Because of this many kinds of changes take place in the society.  Urbanization also has an impact on rural society.

**Changes in social values:** Scientific discoveries are accompanied by changes in the values ​​of society as a result of technological development.  The changing political, social, economic trends of the world have resulted in rapid changes in social values.

**Such changes are as follows.**

* The changes in people's personal lives are as follows.
* Changes in eating, living and dress.
* Changes in social customs, traditions.
* Promotion and dissemination of education in a divided family instead of a joint family.

**Changes in the thinking of moral values**

Changes in moral thinking such changes are sometimes caused by accidental disasters such as droughts, earthquakes, heavy rains and droughts.  It has far-reaching effects on the human life of the society.

**Biological factors:** Sometimes changes are due to biological factors such as genetic inheritance passed down from human ancestors.  As the legacy spreads from generation to generation, the changes in the society.

**Tantric Factors:** As the physical and social needs of human beings change and the Tantrics become scientifically inspired, the physical facilities of human beings increase due to new inventions.  As a result, cultural development takes place as human tone increases.

**Cultural factors:** Cultural factors also play an important role in the direction of social change.  Culture is the product of social change.  People living in the society have their own distinct Sanskrit and subcultures.  The interaction between these cultures is continuous overnight.  Due to this kind of cultural exchange between different peoples, the social consequence is that cultural patterns change from generation to generation and there are changes in the society that have

**Political factors:**  Political ideologies and political changes taking place on the world stage have an impact on society and hence social change becomes possible.

**Ideological factors:** Some of the world's mystics, intellectuals, economists, philosophers, and leaders have produced thoughtful thoughts and their philosophy of life has been instrumental in bringing about social change.  As a liberal, Gandhi’s philosophy of life changed many areas of Indian social life.

**Conclusion**

Critical thinking is the systematic evaluation and formulation of beliefs, statements by rational standards. It is systematic because it involves distinct procedures and methods. It entails evaluation and formulation because it is used to both assess existing beliefs and devise new ones. Critical thinking is one of the most important cognitive skills that you can develop Change is an ongoing process, one has to adapt to it as society changes. As such, today's person must adapt to social change and cultural change.Thus, change is an ongoing process so that one has to adapt to change.

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