**KAYNAKLAR**

Barnett, D. W., Barnett, A., Nathan, A., Van Cauwenberg, J., & Cerin, E. (2017). Built environmental correlates of older adults’ total physical activity and walking: a systematic review and meta-analysis. *International Journal of Behavioral Nutrition and Physical Activity*, *14*(1). <https://doi.org/10.1186/s12966-017-0558-z>

Brüchert, T., Hasselder, P., Quentin, P., & Bolte, G. (2020). Walking for Transport among Older Adults: A Cross-Sectional Study on the Role of the Built Environment in Less Densely Populated Areas in Northern Germany. *International Journal of Environmental Research and Public Health*, *17*(24), 9479. <https://doi.org/10.3390/ijerph17249479>

Cerin, E., Nathan, A., Van Cauwenberg, J., Barnett, D. W., & Barnett, A. (2017). The neighbourhood physical environment and active travel in older adults: a systematic review and meta-analysis. *International Journal of Behavioral Nutrition and Physical Activity*, *14*(1). <https://doi.org/10.1186/s12966-017-0471-5>

Cunningham, G. O., & Michael, Y. L. (2004). Concepts Guiding the Study of the Impact of the Built Environment on Physical Activity for Older Adults: A Review of the Literature. *American Journal of Health Promotion*, *18*(6), 435-443. <https://doi.org/10.4278/0890-1171-18.6.435>

Gebel, K., Ding, D., Foster, C., Bauman, A. E., & Sallis, J. F. (2015). Improving Current Practice in Reviews of the Built Environment and Physical Activity. *Sports Medicine*, *45*(3), 297-302. <https://doi.org/10.1007/s40279-014-0273-8>

Hanibuchi, T., Kawachi, I., Nakaya, T., Hirai, H., & Kondo, K. (2011). Neighborhood built environment and physical activity of Japanese older adults: results from the Aichi Gerontological Evaluation Study (AGES). *Bmc Public Health*, *11*(1), 657. <https://doi.org/10.1186/1471-2458-11-657>

Hawkesworth, S., Silverwood, R. J., Armstrong, B., Pliakas, T., Nanchalal, K., Jefferis, B. J., Sartini, C., Amuzu, A. A., Wannamethee, S. G., Ramsay, S. E., Casas, J.-P., Morris, R. W., Whincup, P. H., & Lock, K. (2018). Investigating associations between the built environment and physical activity among older people in 20 UK towns. *Journal of Epidemiology and Community Health*, *72*(2), 121-131. <https://doi.org/10.1136/jech-2017-209440>

He, H., Li, T., Yu, Y., & Lin, X. (2020). Associations Between Built Environment Characteristics and Walking in Older Adults in a High-Density City: A Study From a Chinese Megacity. *Frontiers in Public Health*, *8*, Article 577140. <https://doi.org/10.3389/fpubh.2020.577140>

Heath, G. W., Parra, D. C., Sarmiento, O. L., Andersen, L. B., Owen, N., Goenka, S., Montes, F., & Brownson, R. C. (2012). Evidence-based intervention in physical activity: lessons from around the world. *The Lancet*, *380*(9838), 272-281. [https://doi.org/10.1016/s0140-6736(12)60816-2](https://doi.org/10.1016/s0140-6736%2812%2960816-2)

Huang, N.-C., Kung, S.-F., & Hu, S. (2018). The Relationship between Urbanization, the Built Environment, and Physical Activity among Older Adults in Taiwan. *International Journal of Environmental Research and Public Health*, *15*(5), 836. <https://doi.org/10.3390/ijerph15050836>

Koh, PP., Wong, YD. (2013). Comparing pedestrians' needs and behaviours in different land use environments. J Transp Geogr.26:43–50. https://doi.org/10.1016/j.jtrangeo.2012.08.012

Lu, Y., Chen, L., Yang, Y., & Gou, Z. (2018). The Association of Built Environment and Physical Activity in Older Adults: Using a Citywide Public Housing Scheme to Reduce Residential Self-Selection Bias. *International Journal of Environmental Research and Public Health*, *15*(9), 1973. <https://doi.org/10.3390/ijerph15091973>

McCormack, GR., Shiell, A. (2011). In search of causality: a systematic review of the relationship between the built environment and physical activity among adults. Int J Behav Nutr Phys Act. 8:125. https://doi.org/10.1186/1479-5868-8-125

Pucher, J., & Buehler, R. (2008). Making Cycling Irresistible: Lessons from The Netherlands, Denmark and Germany. *Transport Reviews*, *28*(4), 495-528. <https://doi.org/10.1080/01441640701806612>

Salvo, G., Lashewicz, B., Doyle-Baker, P., & Mccormack, G. (2018). Neighbourhood Built Environment Influences on Physical Activity among Adults: A Systematized Review of Qualitative Evidence. *International Journal of Environmental Research and Public Health*, *15*(5), 897. <https://doi.org/10.3390/ijerph15050897>

Smith, M., Hosking, J., Woodward, A., Witten, K., Macmillan, A., Field, A., Baas, P., & Mackie, H. (2017). Systematic literature review of built environment effects on physical activity and active transport – an update and new findings on health equity. *International Journal of Behavioral Nutrition and Physical Activity*, *14*(1). <https://doi.org/10.1186/s12966-017-0613-9>

Vogel, T., Brechat, P. H., Leprêtre, P. M., Kaltenbach, G., Berthel, M., & Lonsdorfer, J. (2009). Health benefits of physical activity in older patients: a review. International journal of clinical practice, 63(2), 303–320. https://doi.org/10.1111/j.1742-1241.2008.01957.x

World Health Organisation. (2011). Global Health and aging. Geneva: World Health Organisation; 2011. Erişim adresi https://www.who.int/health-topics/ageing#tab=tab\_1

World Health Organization. WHO. (2010). Global Recommendations on Physical Activity for Health. Erişim adresi https://www.who.int/dietphysicalactivity/physical-activity-recommendations-65years.pdf

World Health Organization. WHO. (2015). World report on ageing and health 2015. Erişim adresi https://apps.who.int/iris/bitstream/handle/10665/186463/9789240694811\_eng.pdf?sequence=1

Yu, J., Yang, C., Zhang, S., Zhai, D., & Li, J. (2020). Comparison Study of Perceived Neighborhood-Built Environment and Elderly Leisure-Time Physical Activity between Hangzhou and Wenzhou, China. *International Journal of Environmental Research and Public Health*, *17*(24), 9284. <https://doi.org/10.3390/ijerph17249284>