**QUALITY OF LIFE AMONG PARENTS WITH INTELLECTUAL DISABLED CHILDREN**

**Neelu Jangid**

Research scholar, Faculty of Education, C.V.M. University, Vallabh Vidyanagar

**Abstract**

Presently, the quality of life for parents of children with intellectual disabilities is a serious concern. Parents of children with intellectual impairments are frequently reported to have physical and psychological anguish as a result of caring for their children, lowering their quality of life. Parents or caregivers are unquestionably the heart of the family; they must not only deal with the challenges linked with their disabled kid, but they must also manage the household. A descriptive survey method was used for the present study. The main objective of this research is to assess the quality of life among the parents of children with Intellectual disabilities with reference to locality and gender. A sample of 60 parents was selected with the help of the purposive sampling technique. WHO Quality of Life (BREF) Scale was used for data collection. The findings of the study indicated that rural parents have a poor quality of life as compared to urban parents with ID children. The gender difference was not reported for quality of life among parents with intellectually disabled children. Hence, psychologists and educationists have a responsibility to face this challenge and give suitable intervention to this marginalized population.

***Keywords:*** *Quality of life, parents & intellectual disability*